

PARENT NEWSLETTER

May 2018

MISSION STATEMENT:

To make a real difference in the quality of life for children and adults with autism and their families, wherever they may live.

CONTACT US:

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1810 Craig Road, Suite 109 Maryland Heights, MO 63146



Our clinic, Roots on Craig, provides designated spaces for various age ranges and activities.

ROOTS ON CRAIG: 2018

Dear Parents and Guardians,

School is out of session for the year, and many families will have schedule changes for the summer. Please let us know if you would like additional therapy time over the summer, or if you will be taking any vacations. We will do our best to accommodate your needs.

Please also keep us in mind if you know of anybody who would be a great fit for our Judevine® team! We are looking to hire additional Registered Behavior Technicians (RBTs) in order to provide additional ABA therapy. We will provide all the necessary training

Sincerely,

Monica M. Lohnes, MS, CCC-SLP, Clinic Director

Daytime clinic hours are available!

Q. What is "Summer Splash"?

A. "Summer Splash" is our summer clinic camp program. Last year, we programmed 1 longer camp. This year, we are programming 2 shorter camps. This will allow us to provide activities and support more specific to age ranges and ability levels.

The clinic camps are designed to provide therapy based on each child's individual goals, while supporting their growth in a group of peers. Activities include group gross motor games, fine motor tasks, songs, reading, imaginative play, and individual sensory breaks.

Session 1 will be held for older kids at the end of June, and Session 2 will be held for younger kids at the end of July. Camps can be funded through current service authorizations, or through private pay. If you would like your child to participate but are unable to this summer, be on the lookout for similar seasonal camps in the spring and winter.

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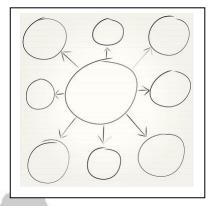
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MONTHLY TIP AND TECHNIQUE: VISUAL MAPS



A visual map as discussed today is a visual representation of options to a specific situation. Pick a scenario, such as: being angry, being sad, having to do chores. Write the scenario in the middle of the map. You can also include visual drawings or symbols. Have your child come up with all of the possible options- serious options, silly options, dangerous options, safe options.

As you discuss each of the options, you can show that there is more than one option for any given scenario. You can work through together which options are better options than the others. Which ones are safest? Which ones are most likely to get the consumer what they want, safely? Which options keep the consumer happy, and helps other people be happy?

You can also color the options- red for dangerous or less desirable options (ex: hitting), green for safer and better options (ex: asking my mom for _____). Advanced versions can also include yellow- generally safe, but not the best or most practical option in most scenarios (ex: crying, yelling).

Keep the visual map handy. You can add more options, or add in "yellow" options when your child is ready for the next step.

Please let Juliana or your RBT know if you have questions or need help using visual maps.

COMMUNITY EVENTS & RESOURCES:

- Cookie Cutters haircuts for kids: 6311 Ronald Reagan Drive, Lake St. Louis, MO 63367. 636-265-0151.

 www.haircutsarefun.com/LakeStLouis-mo. They provide a hair cutting experience with attention to sensory needs.
- **Gateway:61- Play Differently:** Sunday mornings 10:00am-11:45am, children ages 4-17. Hosted in a church in Chesterfield, MO, with sensory and motor rooms. Registration required. www.gateway61.org/special-needs-ministry.php