

PARENT NEWSLETTER

June 2018

MISSION STATEMENT:

To make a real difference in the quality of life for children and adults with autism and their families, wherever they may live.

CONTACT US:

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Juliana Hernandez,
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1810 Craig Road, Suite 109
Maryland Heights, MO 63146



Our clinic, Roots on Craig, provides designated spaces for various age ranges and activities.

ROOTS ON CRAIG

Dear Parents and Guardians,

Thank you for being in contact regarding vacations and summer schedule changes. Please continue to keep us updated, and have a happy and safe summer.

Judevine® is updating our parent training services as provided through insurance. Be on the lookout for more information and training opportunities coming your way! In addition, we are still hiring additional Registered Behavior Technicians (RBTs). Please keep us in mind if you know of anybody who would be a great fit for our Judevine® team!

Sincerely,

Monica M. Lohnes, MS, CCC-SLP, Clinic Director

Daytime clinic hours are available!

Q. What is Judevine®'s cancellation policy?

A. Judevine® believes in a team approach, and will do everything possible to maintain a consistent and intensive therapy schedule as intended. In the case that a Judevine® provider is unable to keep the appointment, the provider will contact you as soon as possible, and will attempt to reschedule the appointment.

If you need to cancel a therapy session, please contact your provider as soon as possible. If your session is with a Registered Behavior Technician (RBT), then contact your RBT first, and then contact Juliana Hernandez, BCBA. Juliana schedules required supervision hours ahead of time, and should be notified of any schedule changes. Judevine® understands that you do not have control over the timing of an illness. Other appointments should be scheduled around the ABA appointment whenever possible, in order to avoid disrupting services.

Please keep in mind that a cancellation within 24 hours will be tracked as a 'late cancellation.' If a family has 3 Late Cancellations within 1 month, or 6 cancellations within 2 months, therapy services will be suspended until a consistent schedule is back in place. This will be determined between the family and the BCBA/BCaBA. ▪

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MONTHLY TIP AND TECHNIQUE: WITHHOLDING



“Withholding” is a technique in which you hold on to a preferred item until your child makes a specific request for it. The point of this strategy is to use a desired object as motivation for communication.

Ex: Your child wants the red marker, and you are holding the red marker. Instead of just handing it to him, you hold it and wait for him to say (or sign) the desired word. You give the model, and wait.

Tips:

- As a rule of thumb, **try 3 times**, giving plenty of wait time before and after giving the word model. This shows your child that you expect something from them. A LITTLE bit of frustration is OK, but we don't want to push them to the point of failure.
- **Keep it fun!** We want to entice to ask for an object, not be so annoyed that they lose motivation. Use their favorite toys for extra language practice.
- **Focus on the goal-** Do they have the word mastered, and are learning to request? Or stringing together a new phrase? Are they learning a new sign? Try not to focus on a word that you have never heard them say before, and instead focus on practicing at their current ability level.

Please let Juliana or your RBT know if you have questions or need help using withholding.

COMMUNITY EVENTS & RESOURCES:

- **Cookie Cutters haircuts for kids:** 6311 Ronald Reagan Drive, Lake St. Louis, MO 63367. 636-265-0151. www.haircutsarefun.com/LakeStLouis-mo. They provide a hair cutting experience with attention to sensory needs.
- **Gateway:61- Play Differently:** Sunday mornings 10:00am-11:45am, children ages 4-17. Hosted in a church in Chesterfield, MO, with sensory and motor rooms. Registration required. www.gateway61.org/special-needs-ministry.php