

PARENT NEWSLETTER

September 2018

MISSION STATEMENT:

To make a real difference in the quality of life for children and adults with autism and their families, wherever they may live.

CONTACT US:

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1810 Craig Road, Suite 109
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Our clinic, Roots on Craig, provides designated spaces for various age ranges and activities.

ROOTS ON CRAIG

Dear Parents and Guardians,

I hope everybody has settled in to an effective school schedule. What is going well, and what is still difficult for you, your child, or your family? Take the time to discuss celebrations and concerns with your therapy team. This will help us continue to provide you with the quality therapy that best fits your needs.

Please reach out to me if you have any concerns regarding the quality of therapy or the use of specific strategies. Our team has been working hard to update plans and revisit staffing needs, and I always welcome feedback and insights.

Sincerely,

Monica M. Lohnes, MS, CCC-SLP, Clinic Director



Happy Fall!



MONTHLY TIP AND TECHNIQUE: PARALLEL TALK

Last month we focused on *self talk*- when you talk about what you are seeing, hearing, or doing.

This month, we are going to compare and contrast with *parallel talk*.

- Both strategies are popular in the communication world to help develop vocabulary and pair meaningful words and actions.
- Both strategies involve talking through actions.
- With *self talk* you are talking about your OWN actions.
- With *parallel talk*, you are talking about SOMEBODY ELSE'S actions.

Examples:

- “You are looking for your shoes. Hm, where are they. There they are! You found them!”

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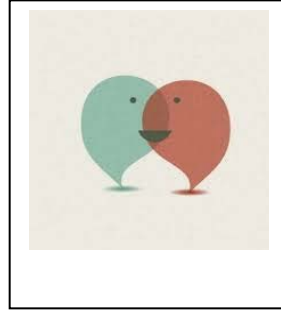
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Judevine Center
for Autism
www.judevine.org
Roots on Craig

MONTHLY TIP AND TECHNIQUE: SELF TALK



Examples, cont.:

- “You have a pile of blocks! You put a yellow one on top of a blue one.”
- “Fido has a ball! He is looking at you and wagging his tail!” (Follow up with a question. “What do you think he wants?”)

Happy talking! Please let Juliana or your RBT know if you have questions or need help using this strategy

in your daily routines.

COMMUNITY EVENTS & RESOURCES:

- **MO ABLE Informational Session:** Thursday, October 11. 10-11 am OR 6-7 pm. Community Living’s Administration building, 1040 St. Peters Howell Road, St. Peters 63376. RSVP: 636-387-5501, or Inhall@communityliving.org “ABLE Act” is a law that allows qualified individuals with disabilities to open tax-advantaged savings accounts. Presented by the Special Care team at Mass Mutual, this session will provide an overview of the MO Able accounts and information on how to open an account.
- **Government Programs Workshop: Wednesday, November 14, 6-7 pm, or Thursday, November 15, 10-11 am.** Community Living’s Administration building, 1040 St. Peters Howell Road, St. Peters 63376. RSVP: 636-387-5501, or Inhall@communityliving.org Each workshop will cover SSI, SSDI, Medicaid/Medicare and Medicaid Waiver, how to qualify, what it covers, and additional programs available.
- **Aging with Developmental Disabilities:** Wednesday, October 17th, 10-11 am. Barnes-Jewish St. Peters Hospital, 6 Jungermann Cir, MOB #1, Suite 117, St. Peters 63376. RSVP: 636-387-5501, or Inhall@communitylivingmo.org Doctors and other medical professionals will present on what to expect as an individual with a developmental disability ages.
- **Cookie Cutters haircuts for kids:** 6311 Ronald Reagan Drive, Lake St. Louis, MO 63367. 636-265-0151. www.haircutsarefun.com/LakeStLouis-mo. They provide a hair cutting experience with attention to sensory needs.
- **Gateway:61- Play Differently:** Sunday mornings 10:00am-11:45am, children ages 4-17. Hosted in a church in Chesterfield, MO, with sensory and motor rooms. Registration required. www.gateway61.org/special-needs-ministry.php